

### LRC Health Care Provider List - Specialty

<u>Name</u>	<u>Practice</u>	<u>City</u>	<u>Phone</u>	<u>Gender</u>	<u>Race</u>	<u>Specialty</u>	<u>Areas of Expertise</u>	<u>Identify as LGBT</u>	<u>Provider Comments</u>
Melanie Adams, PA-C, MPAS	Beverly Medical Center	Raleigh	919-844-4552	Female	Caucasian	Alternative/Holistic, Family Practice, and Women's Health	Integrative medicine, women's health, neurology, holistic medicine, bioidentical hormones, paps, thyroid evaluation	Yes	This is a very LGBT-friendly practice. We tend to see those people who have not been satisfied with traditional care. Thyroid disorders, fatigue, and allergies are some of the most common problems we see.
Cholena Erickson, LAC, OMD	Heartline Center for Natural Healing	Carrboro	919-968-1198	Female		Alternative/Holistic Medicine	acupuncture	Yes	I specialize in women's health disorders: infertility, menopausal disorders, pms, irregular menses, painful menses, lack of menses, pregnancy issues, children's health
Martha Parah, MD	Holistic Medical Health Center	Durham	919-401-5576	Female	White	Alternative/Holistic Medicine, General Practice, and Women's Health	Women's Health: provides physicals, pap smears, complete holistic health evaluations and the development of individual plans for many problems including hormonal/ perimenopausal/menopausal issues; breast cancer support; bioidentical hormones; salivary testing for hormones; wellness care		
Jonathan Bregman, DDS, PA		Durham	919-489-0497	Male	White	Dentist	Provides all phases of general dentistry to both adults and children. We have just begun to provide "laser dentistry" care (i.e., no needle anaesthesia for many procedures. Also provides comprehensive cosmetic dental services.	Yes	I (we) have a very inclusive practice--gay, straight, bisexual, transgendered, HIV positive, etc. My being gay has set the standard for everyone being welcomed to our office. My staff is incredible and includes a lesbian dental hygienist.

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James Dykes, MD	Integrative Health Care, PLLC	Durham	919-286-7755	Male		General Practice	family practice	No	My practice is patient-centered with patients seen as equals and full partners in decision making. My office visits are usually 30 min. to an hour long.
Lisa Nadler, MD	Triangle Family Practice	Durham	919-572-2000	Female		General Practice			
Benjamin Mignon, MD	Duke Medical Center	Durham	919-220-9800	Female		Internal Medicine			
Cory Annis, MD	Carrboro Pediatrics and Internal Medicine	Carrboro	919-933-8392	Female	White	Internal Medicine & Pediatrics			
Chas Gaertner, DC	North Carolina Chiropractic	Chapel Hill	919-929-3552	Male	White	Massage Therapist	massage; holistic health; health education; posture re-education	No	Two female massage therapists are part of practice; substantial percentage of LGBT clientele
Tracey Moon		Durham	919-491-1777	Female		Massage Therapist	massage therapist	Yes	
Deborah Pilkington, LMBT		Durham	919-687-4848	Female	White	Massage Therapist	massage therapist	Yes	
Judith Powell, PhD	Carrboro Wellness Alliance	Cary	Cary: 919-467-4782; Carrboro: 919-420-0036	Female	White	Mental Health Therapist	lesbian & gay individuals and couples	Yes	Afternoon and evening appointments available
Ann Mulkern, MD		Chapel Hill	919-967-4488	Female		Mental Health Therapist			
Denise Barnes, PhD		Durham	919-688-0561	Female	African-American	Mental Health Therapist	Individual and Couples Therapy		
Mary Grigsby, Med		Durham	919-286-9659	Female	White	Mental Health Therapist			
Kerry Johnson, MSW		Durham	919-286-3339	Female		Mental Health Therapist	couples and adults		

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Jennifer Mayo, MA, LPC		Durham	919-286-3136 x 3#	Female	White	Mental Health Therapist	specialty training in trauma; creativity and couples therapy; developmental needs for adults with unskillful parents	Yes	27 years experience
Lou Sawyer, PhD	The Androgyny Center	Durham	919-489-8753	Female	White	Mental Health Therapist	LG individual and couple counseling		
Suzanne Luper	Triangle Pastoral Counseling	Raleigh	919-845-9977, ext 206	Female	White	Mental Health Therapist	sexual orientation & identity, grief, depression, anxiety, relationships, spirituality	No	I am a minister and work with a lot of people at the intersection of orientation and faith/spirituality; We/I do not do any "conversion therapy"; Triangle Pastoral Counseling is gay affirming.
Kimball Sargent MSN, RN, CS	Diverse Solutions	Raleigh	919-838-0804	Female	White	Mental Health Therapist	mental health therapist	No	I have a practice that specializes in transgender clients; I work with relationship issues
Chris Raines, WHCNP	Center for Women's Health	Oxford		Female	White	OB/GYN	OB/GYN - primary care	No	
Besharat Mojgan, OD	Fox Eye Care Association	Raleigh	919-786-0141	Female	Persian	Optometry	primary eye care; contact lens; pediatrics eye care; glaucoma; refractive surgery pre-post op care	Yes	
Margie Sved, MD		Raleigh	919-733-9917	Female		Psychiatrist	adoption; LG family issues; general adult therapy		
Cecilia McKay, MD	Avalon Medical Group	Chapel Hill	919-928-1146	Female		Women's Health & Internal Medicine	internal medicine & women's health	No	

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Sandy Hoyte, MD	Women's Primary Care	Raleigh	919-871-0301	Female		Women's Health & Internal Medicine	primary care for women	Yes	We have 2 nurse practitioners that are also "friendly" and knowledgeable; we refer to alternate medicine therapists as appropriate